

**NEW!**  
**Participant with highest total donations turned in by 11:00am on Saturday, September 7th will receive a VISA gift card!**

**Top Individual \$300**  
**Top Family \$200**

Visit and review [rivervalleyriders.org/rules](http://rivervalleyriders.org/rules) for eligibility, remittance deadlines & official rules.

**River Valley Riders 20th Annual Walk-Wheel & Ride-A-Thon**

1. Please RSVP at [www.rivervalleyriders.org/rsvp](http://www.rivervalleyriders.org/rsvp) or call 651-439-2558
2. Collect donations from friends & family. Set up an online fundraising page to share by email & on social media. Make a difference in the lives of our riders & drivers!
3. Then saddle up your horse or grab your walking shoes or wheels & join us for a fun 8-mile ride or 3-mile walk/wheel on trails in the beautiful Lake Elmo Park Reserve on Saturday, September 7th.
4. Come for breakfast before the Walk/Wheel/Ride — stay for lunch after!

**Donations to the 2019 Walk-Wheel & Ride-A-Thon will help provide the best therapeutic riding & driving opportunities for people with special needs.**

Lesson fees cover only 67% of the organization's program expenses. The remaining funds are received through generous donations & fundraising events. Scholarships are available for those with financial need.

**Please help support our riders & drivers by participating in this event!**

***The mission of River Valley Riders is to enrich the lives of children & adults with special needs by providing equine assisted activities & therapies.***

*The benefits of therapeutic riding & driving are life changing and include:*


*Physical: The gait of the horse & the warmth of the horse's body help strengthen & stretch muscles. The three dimensional stride of the horse helps muscles, nerves, & cells remember the movement of the human gait.*

*Cognitive: Developing riding skills & partaking in the organized lesson activities requires mental focus & concentration.*

*Emotional: Horses don't judge; they are present and willing. Principles of inclusion, non-discrimination & team work are emphasized.*

**8362 Tamarack Village, Suite 119-440, Woodbury, MN 55125**  
**Phone: 651-439-2558 E-mail: [info@rivervalleyriders.org](mailto:info@rivervalleyriders.org)**  
**Web: [www.rivervalleyriders.org](http://www.rivervalleyriders.org)**

River Valley Riders  
 8362 Tamarack Village  
 Suite 119-440  
 Woodbury, MN 55125









**River Valley Riders  
 20th Annual  
 Walk-Wheel &  
 Ride-A-Thon**



Saturday,  
 September 7, 2019

Lake Elmo Park  
 Reserve

**2019 Corporate Sponsors**

-  Hubbard Broadcasting Foundation
-  Mintahoe Catering & Events
-  Assurant Foundation
-  Dean Victorson
-  MidWestOne Bank
-  First State Bank and Trust

**20th Annual Walk-Wheel & Ride-A-Thon**

# River Valley Riders 20th Annual Walk-Wheel & Ride-A-Thon

Saturday, Sept. 7, 2019  
Lake Elmo Park Reserve  
1515 Keats Avenue, Lake Elmo

### Events of the Day

- 9:00-10:00am Registration & Breakfast for Horseback Riders
- 10:00-11:00am Registration & Breakfast for Walkers & Wheelers 
- 10:00am Horseback Riders Start
- 11:00am Walkers & Wheelers Start 
- 12:00pm Lunch - Sponsored by Hagberg's Meats

### Directions to Lake Elmo Park Reserve

⇒ From Interstate Highway 94, exit at County Road 19. Follow County Road 19 to the north for one mile to County Road 10. Cross County Road 10 and proceed into the park.

⇒ From Interstate Highway 694, exit at County Road 10 (10th Street North). Follow County Road 10 east for 2.6 miles. Turn left (north) into the park.

⇒ Once in the park, follow signs to the "Equestrian Center".

For park & camping information, contact Lake Elmo Park Reserve at 651-430-8370.

## Instructions

- **RSVP at [www.rivervalleyriders.org/rsvp](http://www.rivervalleyriders.org/rsvp)**
- Ask your friends & family for their support.
- A minimum total donation amount is required to receive:

	<i>Individual</i>	<i>Family</i>
T-shirt	\$75.00	\$150.00
& Cap	\$150.00	\$300.00
& Sweatshirt	\$500.00	\$1,000.00

- Please clearly print the complete name, address, & donation amount of the donors on your form. You are responsible for collecting your own donations.
- All donations must be collected before the event & turned in at registration.
- Tax-deductible receipts will be mailed to donors who provide their names & addresses.
- Checks should be made payable to: River Valley Riders.
- More information? Please visit [www.rivervalleyriders.org](http://www.rivervalleyriders.org) or call 651-439-2558.

I hereby waive & release any & all rights & claims for damages which I may have against River Valley Riders, its board of directors, volunteers, staff, Washington County Parks, as well as any other persons or organizations connected with the event, their heirs, executors, successors, administrators, & assigns for any & all injuries, personal or property damages or losses, which I may suffer for taking part in the event or as a result thereof.

I hereby consent to & authorize the use and reproduction to River Valley Riders of any & all photographs & any other audio-visual materials taken of me or my children for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*\*\*\*All participants under the age of 18 must\*\*\*\*  
\*\*\*\*be accompanied by a parent or guardian.\*\*\*

Parent/Guardian Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## River Valley Riders Walk-Wheel & Ride-A-Thon Donation Form

Name of participant: \_\_\_\_\_  Individual  Family

Miles:  Walkers/Wheelers: 3  Riders: 8  Ghost Riders: 0 (support RVR from the comfort of your own home)

### Donations accepted online at [www.rivervalleyriders.org/donate](http://www.rivervalleyriders.org/donate)

<u>Donor</u>	<u>Address</u>	<u>Amount</u>	<u>Paid</u>
_____	_____	_____	<input type="checkbox"/>
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_____	_____	_____	<input type="checkbox"/>

Total: \$ \_\_\_\_\_

**RSVP & set up online fundraising page at**  
**[www.rivervalleyriders.org/rsvp](http://www.rivervalleyriders.org/rsvp)**



River Valley Riders is a 501(c)(3) nonprofit organization. Donations are tax-deductible as allowed by law. Financial statements & IRS required documents are available by request (EIN 41-1949447).