

Dear Health Care Provider,

Your patient is interested in participating in supervised equine activities with River Valley Riders, a Professional Association of Therapeutic Horsemanship International (PATH Intl.) member center.

In order to safely provide this service, we request that you complete the attached Medical History and Physician's Statement Form. The following conditions may suggest precautions and contraindications to equine activities. Therefore, when completing this form, please note whether these conditions are present and to what degree.

**Orthopedic**

Atlantoaxial Instability (include neurologic symptoms)  
Cranial Defects  
Joint subluxation/dislocation  
Osteoporosis  
Spinal Joint Fusion/Fixation

Coxarthrosis  
Heterotopic Ossification  
Myositis Ossificans  
Pathologic Fractures  
Spinal Joint Instability/Abnormalities

**Neurologic**

Hydrocephalus/Shunt  
Spina Bifida  
Tethered Cord

Seizure  
Chiari II Malformation  
Hydromyelia

**Medical/Psychological**

Allergies  
Physical/Sexual/Emotional Abuse  
Cardiac Condition  
Exacerbations of Medical Conditions (e.g., RA, MS)  
Hemophilia  
Migraines  
Respiratory Compromise  
Substance Abuse  
Weight Control Disorder

Animal Abuse  
Blood Pressure Control  
Dangerous to Self or Others  
Fire Setting  
Medical Instability  
PVD  
Recent Surgeries  
Thought Control Disorders

**Other**

Indwelling Catheters/Medical Equipment  
Medications (e.g., photosensitivity)  
Skin Breakdown

Age - under 4 years  
Poor Endurance

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine-assisted services, please feel free to contact us at the address, phone number or email address indicated below.

Sincerely,  
*Cheryl Holt*, Executive Director  
River Valley Riders  
8362 Tamarack Village, Suite 119-440  
Woodbury, MN 55125  
651-439-2558  
[www.rivervalleyriders.org](http://www.rivervalleyriders.org)  
[info@rivervalleyriders.org](mailto:info@rivervalleyriders.org)



RIVER VALLEY RIDERS  
EQUINE-ASSISTED SERVICES

**RIVER VALLEY RIDERS**  
**Equine-Assisted Services**  
**Participant's Medical History & Physician's Statement**



Participant: \_\_\_\_\_ DOB: \_\_\_\_\_ Ht: \_\_\_\_\_ Wt: \_\_\_\_\_

Parent Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Past/Prospective Surgeries: \_\_\_\_\_

Medications: \_\_\_\_\_

Seizure Type: \_\_\_\_\_ Controlled:  Yes  No Date of Last Seizure: \_\_\_\_\_

Shunt Present:  Yes  No Date of Last Revision: \_\_\_\_\_

Special Precautions/Needs: \_\_\_\_\_

Mobility: Independent Ambulation:  Yes  No Assisted Ambulation:  Yes  No Wheelchair:  Yes  No

Braces/Assistive Devices: \_\_\_\_\_

For those with Down Syndrome: Neurologic Symptoms of Atlanto-Axial Instability:  Present  Absent

**Please indicate current or past special needs in the following systems/areas, including surgeries:**

	Yes	No	Comments
Auditory			
Visual			
Tactile Sensations			
Speech			
Cardiac			
Circulatory			
Integumentary/Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			

Given the above diagnosis and medical information, this person is not medically precluded from participation in equine-assisted services. I understand that River Valley Riders will weigh the medical information given against the existing precautions and contraindications. Therefore, I refer this person to River Valley Riders for ongoing evaluation to determine eligibility for participation.

Name/Title: \_\_\_\_\_ MD DO NP PA \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ License/UPIN Number: \_\_\_\_\_